

Unitarian Universalist Society of Sacramento

www.uuss.org

Weekly Calendar * Upcoming Activities * Announcements

UUSS Online Calendar

Have a question related to UUSS and do not know who to contact at UUSS write info@uuss.org

September 21 through September 28, 2008

Please check the sign board near the office for meeting locations.

Sunday, September 21

8:30am UUSS Food Bank Basket
9am UUSS Book Store
9:15am Child Care, ages 5 and under
9:30am Service: Rev. Jones
9:30am RE Classes for our Children
11:15am Service: Rev. Jones
12:45pm Lunch
12:45 Soc Resp: PeaceMakers Task Force
12:45pm Religious Services Planning
1:15pm Social Responsible Committee
2:30 Private Rental
4pm Autumn Equinox / Labyrinth / Potluck
4:30pm Private Rental

Monday, September 22

8am Loaves & Fishes Food Preparation
8:30am Private Rental
11am Loaves & Fishes Food Servers
6:30pm Deep Ecology Discussion Group
7pm Adult Enrichment: The Art of
Enhancing Intimate Relationships
7pm Men's Group
7pm Religious Services Planning

Tuesday, September 23

9am Private Rental
10am Ted's Web
10am Ministry Circle
Noon Executive Committee of the Board
7pm Religious Services Planning
7:30pm Men's Group

Wednesday, September 24

9am Private Rental
10am Day Dreamers Group
4pm Tea & Conversation with Family Minister
4pm St. John's Shelter
7pm Choir Practice
7pm Vision into Action

Thursday, September 25

9am Private Rental
9:30am Volunteers Mail out the Unigram
7pm Private Rental
7:30pm Board of Trustees

Friday, September 26

9pm Private Rental

Saturday, September 27

9am Relig. Services & Worship Leaders Retreat
10am Private Rental
11am Private Rental
1:30pm Board Trustees Retreat

Sunday, September 28

8:30am UUSS Food Bank Basket
9am UUSS Book Store
9:15am Child Care
9:30am Service: Rev. Kraft
9:30am RE Classes for Children
11:15am Service: Rev. Kraft
12:45pm Lunch
12:45 Orientation of RE Teachers
1pm Soc. Resp: Green Sanctuary
4:30pm Private Rental

NOTE: UUSS Committee and Activity groups are open to all who are interested or curious. A complete listing of these groups can be found in our *Pathways* brochure, which is on the pamphlet rack near the Welcome Table and on our web page.

Catered lunches, provided by the Napoli Academy, will be offered after the second service today. You need a ticket to exchange for a meal. The ticket costs \$7; and there is no charge for small children and first time visitors.

- Announcements & Events -

Religious Education classes meet today during the 9:30 service. Parents and young people please check in at the Sophia Fahs room before going into the church for the start the Service. Teachers will escort the children to their classes. After service, parents will pick up their children from the classroom by 11am. The Senior High Youth Group meets in Room 12 after signing in at the RE table. Childcare is available for children ages 5 and under in Room 11 from 9:15-11am for the first Service and 11am-12:45pm during the second Service.

Today in celebration of a beautiful autumn, the Equinox, and the United Nation's International Day of Peace, we offer an evening of fun and merriment

Starting at 4 pm, walk our Labyrinth, share in the Autumn Equinox and Sage Ceremonies at 5pm, enjoy a Bells for Peace meditation, and feast on potluck dinner at 6 pm - please bring a dish to share or donation. See the flyers in the lobby area for more information.

Individuals and families share conversation and refreshments with Rev. Roger Jones is Wednesday, September 24th, between 4-5:30pm. Please plan to visit with him in the Sophia Fahs room to share a warm welcome and wide-ranging conversation. All Members, Friends and Visitors are invited.

Requests from area families in need of food have increased over the summer, but our UUSS Food Bank Basket has been almost empty during that time. Cans of tuna, peanut butter, canned veggies and fruit are needed. Please be generous.

Spiritual Journey Group

There may still be a few openings in Rev. Doug's Spiritual Journey Group that will meet on consecutive Wednesday evenings starting in October. See the [September Unigram](#) newsletter for details or contact Doug.

Deep Ecology Discussion Group begins meeting on the 2nd & 4th Monday, on September 22nd 6:30 to 8:30. All meetings will be on the UUSS campus except for October 13th when Family Promise clients use the RE rooms and the group will find an alternate location.

Religious Experience: *Atheism and the Wisdom of Uncertainty*. Next Sunday, September 28th, we'll look at atheism as a form of religious experience. Rev. Doug Kraft will continue to explore direct experience as a better foundation of religion than beliefs.

Allegra Kim participated in the UULM Challenge to reduce carbon emissions. "I had already been interested in reducing my carbon footprint and knew I could do more. The carbon ring helped me identify specifically what I could do to make more progress and made it much easier for me to actually take those actions. Members of the ring talked about their challenges and progress, which provided reassurance, gratification, and motivation." To learn how to participate, stop at the Green Sanctuary table

Spiritual Parenting Or, You Can't Get to Round Top on Your Lunch Hour Please join me, Karen Bare, in an 8-week focused ministry circle, to consider our role as spiritual guides parenting our children. Examine questions as: "How can I become more aware of my own spiritual experiences; how do I help my family find theirs?" I'll also have a table outside after the first service today to chat face to face, or pick up a flyer in the lobby. Phone me at 723-6759.

The Adult Enrichment Fall 2008 workshops are listed in the new brochure- Enhancing Intimate Relationships, Conflict Management 101, A Journey of Self-Discovery & Personal Change, Tai Chi Chih, Be a Magician and Vegetarian Main Meals. Descriptions of the classes are in the new brochure available on the Pamphlet Rack

Congregational Meeting – Sunday, October 19, 12:45pm following the second service. All members and friends are strongly encouraged to attend. Members will vote on whether to adopt our new Covenant and will decide on Community Contributions partners for 2009.

The 12th Annual Harvest Fest Auction & Dinner is November 1st! Please save the date. This is a fun evening of dinner, music, entertainment, bidding, and prizes. The evening is an important fund raising

event for UUSS. - We encourage you to be a part of the fun. Do you have an Auction Item to donate? Or time to volunteer for the event? Please contact Kimberly Ayers at 972-7904 or kimberlykay@surewest.net (HarvestFest Donation Forms are available in the office and online at uuss.org by clicking on "Forms" in the left column.).

What is "Unicycle"? Well, it's not a one wheeled-cycle; it's our UUSS version of the ever-popular "Freecycle" where people give away things they don't want and advertise for things they are looking for AND it's all free, beginning Sunday, the 19th of October. Questions, call Shirley Hines 444-6553

New Ministry Circle Single Parents Helping Other Single Parents To share information, joys, trials and tribulations (Whatever they may be.). Participants must be willing to commit to every other week on a weekday evening for an extended period of time. Please call Patricia Johnson 642-6067 for time and location.

Does My Sermon Make You Cry, Little One? Oh, you're hungry, as babies often are! Or is gas making you fussy? Surely it's not existential angst—not yet! The Library serves as the Baby Comfort Room during worship services. Thanks to the Library's audio speaker, a Welcome Team member can invite a concerned parent to follow the service while attending to the temporarily-noisy behind a closed door

Volunteers are being sought to serve as Sunday Welcomers and / or to sell lunch tickets. For more information, contact the business office: 483-9283.

Anyone wanting a pre-printed name tag may fill out the request form in the hanging basket on the name tag board in the lobby.

Minister's Office Hours

- **Rev. Doug Kraft** will be at his office between 3 & 5 on Tuesdays and Thursdays and between 1 and 3 on Wednesdays. For an appointment contact him at Ext 201 or email doug@uuss.org
- **Rev. Roger Jones** is available Mondays 4-6pm, Wednesdays 2-4pm & Thursdays 10-Noon. For an appointment, feel free to call Ext 203 or write roger@uuss.org

The UUSS Business office is open Monday through Friday, 10am-4pm, and staffed by volunteers on Sunday mornings before and after each service 483-9283. To meet with the Business Administrator, contact David at Ext 202 or email david@uuss.org. To meet with other Business office staff during office hours, please contact them by phone or email prior to visiting the office to ensure they are available to help you. **The Religious Education office** is open Tuesdays & Fridays, 1-4pm.

Upcoming Events of Interest to UUs

Newcomer Orientation – October 6th & 13th

Opportunity Fair – October 12th

Family Friendly Dinner – October 15th

12th Annual PCD Men's Retreat – Oct 17th-19th

Harvest Fest & Silent Auction – November 1st