
**UUSS Religious Education program
is now offering the Junior High
Our Whole Lives (OWL) program for
7th and 8th grade youth
and your child is invited!**

The Junior High *Our Whole Lives* (OWL) is a comprehensive sexuality curriculum for children of all faiths which address sexuality in the years of life between the ages of 12 and 14 years. The OWL program believes that well informed youth make better, healthier decisions about sexuality than those without complete information. OWL strives to be unbiased and teaches about heterosexual, bisexual, homosexual, and transgender sexual health. In addition to information on sex, OWL is intended to help children be emotionally healthy and responsible in terms of their own sexuality.

Cost

Tuition for the 7th and 8th grade OWL class defrays the cost of teacher training, background checks, supplies and snacks for each session. Participating families agree to bring lunch for each class:

- \$20.00 per child of pledging UUSS Members and Friends
- \$100.00 per child for non-pledging families, including youth from outside UUSS

OWL Teachers

We are so fortunate to have dedicated volunteers to teach the 7th and 8th grade OWL class. All OWL teachers are screened by UUSS and are active in our congregation. They are trained by the Pacific Central District's OWL coordinator, the Rev. Dr. Bonnie Dlott, and her spouse, Rick Dlott., M.D.



The Our Whole Lives Values

- Self Worth
- Responsibility
- Sexual Health
- Justice and Inclusiveness

What Our Whole Lives Offers

- Up-to-date information and honest, age-appropriate answers to all participants' questions
- Activities to help participants clarify values and improve decision-making skills
- Effective group-building to create a safe and supportive peer group
- Education about sexual abuse, exploitation, and harassment
- Opportunities to critique media messages about gender and sexuality
- Acceptance of diversity
- Encouragement to act for justice
- A well-designed, teacher-friendly leaders' guide
- Parent orientation programs that affirm parents as the primary sexuality educators of their children
- *Sexuality and Our Faith*, an optional religious component for Unitarian Universalist and United Church of Christ settings

A commitment and ability to attend all sessions is expected for all registrants. All OWL courses require parent/guardian attendance at a mandatory parent orientation session and signed parent/guardian approval.

To make sure your child is part of this thorough and advanced program, register by August 28, 2011, for the *mandatory* Parent Orientation on

**Sunday, September 11th, 2011
11:00 am to 1:00 pm
in Room 12**

**Unitarian Universalist Society of
Sacramento (UUSS)
2425 Sierra Boulevard
Sacramento, CA 95825**

*To register, please contact
the UUSS RE Assistant
at miranda@uuss.org or
call 916-483-9283 Ext 207*

**All OWL sessions take place on
Sundays from 11:15 am to 1:45 pm
in Room 12 on the UUSS campus**

Class 1: September 25, 2011	Class 7: January 29, 2012
Class 2: October 9, 2011	Class 8: February 5, 2012
Class 3: October 30, 2011	Class 9: February 26, 2012
Class 4: November 20, 2011	Class 10: March 11, 2012
Class 5: December 4, 2011	Class 11: March 25, 2012
Class 6: January 8, 2012	Class 12: April 29, 2012
Class 12 (final): May 13, 2012	

What are parents and guardians saying about *Our Whole Lives*:

“I like that OWL says parents are the primary sexuality educators for their children. But I don’t know all that stuff! OWL gives the CORRECT information that teenagers need to know about sexuality today.”

L. S. / Child completed OWL at USSS in 2008

“Knowledge is power. Thanks to OWL my sons have the knowledge and power to each lead a healthy, sexual life.”

B. R. / Children completed OWL in 2002 and in 2004

“OWL teaches nature naturally. This class helped my granddaughter become more comfortable with the physical changes in her teen years. She learned about the emotional and physical changes that take place in human bodies. She learned to respect herself as an individual and to demand respect from others. She and I can now discuss relationships and sexuality openly.”

J. N. / Grandchild completed OWL at USSS in 2004



For more information about all curricula in the entire *Our Whole Lives* (OWL) program, please contact the Unitarian Universalist Society of Sacramento Religious Education office at 916-483-9283 Ext 207.



You may also visit the websites of the Unitarian Universalist Association (UUA) at <http://www.uua.org/religiouseducation/curricula/ourwhole/> and/or the United Church of Christ (UCC) at <http://www.ucc.org/justice/sexuality-education/our-whole-lives.html>

Unitarian Universalist Society of Sacramento (USSS)
2425 Sierra Blvd • Sacramento, CA 95825
Telephone: 916-483-9283
Religious Education office Ext 207
Visit us anytime at our website at <http://www.uuss.org/>

May 2011

**Our Whole Lives
(OWL)**

***For youth in
7th and 8th Grades***



A comprehensive sexuality curriculum for youth of all faiths published by the Unitarian Universalist Association and the United Church of Christ Justice and Witness Ministries

2011-2012
