

UUSS Programs on Zoom 2024



Sunday Service at 10:30 a.m. The Zoom doors open at 10:20 a.m. at uuss.org/online. Stay on Zoom after the service for 22 minutes of getting acquainted with other members, friends and newcomers in a breakout room. Past services may be watched on YouTube (or read) at uuss.org/sermons.



Reading & Reflecting on a Poem--led by member and poet JoAnn Anglin at 10:00 a.m. on the 1st and 3rd Mondays of each month: Nov. 4 & 18, etc. Enter the way you attend a service: uuss.org/online. All welcome to our version of Lectio Divina using poetry. Sign up to receive an email with the poem to be discussed: adultenrichment@uuss.org



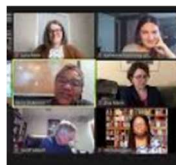
Exploring Unitarian Universalism—led by a minister or lay leader on the 1st Tuesday of the month at 7:00 p.m. beginning November 5. Enter the way you attend a service: uuss.org/online. Four different topics which rotate monthly: UU history, values and beliefs, UU faith, and social justice (same topics as the in-person class at 9:30 a.m. on 4th Sunday). A great way to get to know our UU tradition and congregation. All are welcome.



Mindfulness Meditation—led by Rev. Roger, using an Insight Meditation approach. At 6:00 p.m. on the 2nd, 4th and 5th Wednesdays of each month: Oct. 23, 30; Nov. 13, 27; Dec. 11. Brief instructions at 6:00 p.m., then 20 minutes of sitting in silence together, to 6:30. This is *both* in-person at UUSS with Zoom option at uuss.org/online. All welcome. roger@uuss.org



Ministry Circle--UUSS Ministry Circles (not part of Soul Matters) are informal, confidential support/discussion groups. Judy Lane leads a Zoom group that meets on 1st and 3rd Wednesday mornings 10-11 a.m. We check in briefly to share our joys and sorrows, and then discuss a chosen topic (spiritual, ethical, social). For the link, contact: ministrycircles@uuss.org.



Ted's Web—this political discussion group meets on Tuesdays 10:00 a.m. to noon, and the 2nd and 4th Tuesdays are on Zoom (1st and 3rd Tuesdays are in-person only). For the Zoom link, contact: tedsweb@uuss.org