

Unitarian Universalist Society of Sacramento ~ Week of July 7 - 14, 2024

Sunday July 7

- 9:30am - 1st Sunday Labyrinth Meditation - Meadow**
10:30am - Worship Service "Love at the Center: What Is Unitarian Universalism?"- Rev. Dr. Roger Jones, preaching.
- 10:45am - Art Works for Peace** for children and youth -
Contact re@uuss.org for more info.
- 12:00pm - Rise Up Singing** with Mary- **Patio**

Monday July 8

- 9:30am - Blossoms & Bushes - UUSS Campus** Deadhead, weed & trim plants in front of our building and the succulent-cactus garden. blossoms@uuss.org
- 2:00pm - Ukulele Strum-Along - Fahs Room.** Everyone is welcome. Beginners are encouraged to come at 1:30 for help getting started. We welcome brand-new players, and we supply the music and have ukes to lend. Contact: ukes@uuss.org

Tuesday July 9

- 10:00am - Ted's Web Discussion Group** - ONLINE. Political discussion group. In-person 1st & 3rd Tues. Online 2nd & 4th Tues. tedsweb@uuss.org for Zoom link.

Thursday July 11

- 9:30am - Keep Moving - Get Fit** Every Thursday - Sitting and standing exercises for seniors, with Shelley Burns, instructor. \$10 drop-in. adultenrichment@uuss.org

Friday July 12

- 10:00am - Crone Connection (for wise older women) - Welcome Hall.** We explore our strengths and wisdom as elders, share our stories, support, and inspire each other and laugh. Open to any woman who identifies herself as an elder. For info email Marla Jensen at croneconnection@uuss.org

Saturday July 13

- 10:30am - Gathering of our People of Color Caucus - Room 7/8 Classroom.** multi@uuss.org

Sunday July 14

- 9:30am - Open Labyrinth Meditation - Meadow**
10:30am - Worship Service: "Spirituality of the Desert" - Rev. Lucy Bunch, preaching
- 10:45am - Art Works for Peace** for children and youth -
Contact re@uuss.org for more info.
- 11:50am - Newcomers Orientation & Tour - Welcome Hall**
- 12:00pm - "Sacred Spaces: Islamic Architecture"** part of a series of illustrated discussions with Mrea Csorba, PhD, art and architecture historian, and UUSS member. - Fahs Classroom. All are welcome! Sign up at the Connections Table or email adultenrichment@uuss.org Light snacks provided. \$10.00 donation suggested to support UUSS Adult Enrichment programs.

Staff and Minister Availability

Rev. Roger: (day off is Monday) available for pastoral support by appointment by phone, Zoom or in person. Pastoral Volunteers are available for support by phone. **Rev. Lucy:** (day off is Monday; study day is Friday) is available for pastoral support by appointment by phone, Zoom or in person. Schedule an appointment with Rev. Lucy at calendly.com/revlucyb. **Rev. Roger will be away on vacation July 10-25**, returning in time for our Family Dinner potluck for all ages, July 26. The Office can reach him in an emergency.

Our office staff (office@uuss.org or 916-483-9283) are available to respond to your phone calls and emails weekdays 8:30-4:30. Religious Education Coordinator CrystalFountain@uuss.org. Pianist irina@uuss.org and Music Director anthony@uuss.org.

Check out books & magazines at the USS BOOK STORE!

Do you need a good book for your next trip? Or getting ready for beach time? Books for all ages, a minimum donation of \$1.00 for books and \$.50 for magazines.

Donation of current books, fiction, nonfiction, are also welcomed. Magazines need to be less than three months old. Children's books are in demand as well.

Sunday Morning Programs at USS

Join us before the service at 9:30 AM at USS

- **First Sunday** Labyrinth meditation in the Meadow
Next: July 7
- **Second Sunday** - Labyrinth is open for personal use.
- **Third Sunday** - Qi Gong/Tai Chi Next: July 21 (on the Covered Patio)
- **Fourth Sunday** - Exploring UUism with Rev. Roger in Fahs Room. 4th Sunday of the month. Next: July 28

Our Community Partner for July

[Mercy Pedalers](#)

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit uuss.org/donate
- Credit card: Call the church office – (916)483-9283
- Mail a check to USS, 2425 Sierra Blvd, Sac 95825
- Note: if you are making a payment toward your pledge to USS, please note that on the donation or it will be credited to the Shared Offering of the month.

Coming Up

Sunday July 21 11:45am – Meadow Dedication

- **It's Time to Celebrate!** Mark your calendars for our Meadow dedication ritual and appreciation for all those who made it happen. Bring treats to share at our coffee hour.

Friday July 26, 5:30 pm - Family Dinner Potluck

Our monthly meal for all ages to build community.

We will plan to eat at 6:00pm and wrap up around 7:30pm

Bring a dish to share and meet us in the Welcome Hall.

All are welcome. Questions? CrystalFountain@uuss.org

In loving memory of Carl Sweet—a member for 50 years, Carl died July 1 at age 91. The service with light reception will be Tuesday, July 30, 11:00 a.m., at USS.

How You Can Help

The Stories behind Our Tee Shirts

Rev. Roger asks: Do you have a tee shirt with an interesting origin story? Perhaps it has been a gift by a significant person in your life, a nostalgic reminder of an event or time, an emblem of your activism or enduring commitment, a special souvenir, or a shirt that you designed or made for yourself. He'd like some examples before this summer's tee-shirt service, so reach him at roger@uuss.org

Are You Ready to Get Involved in the Election?

We need a co-leader for our “UU the Vote” effort. Last election we sent hundreds of postcards to likely voters encouraging them to register and vote. This time it is more important than ever. The [UU the vote program](https://uuthevote.org) (<https://uuthevote.org>) provides all the information and materials needed – we just need some to help organize our effort. Are you the one? Contact Rev Lucy at lucy@uuss.org.