

# What is SoulCollage®?

- **What is SoulCollage®?** — SoulCollage® is a collage process, in which someone makes a personal deck of cards, one card at a time. It is easy, fun, and satisfying and can be used by individuals or in groups (families, churches, schools, therapy, coaching, and many other contexts.)
- **The intention of SoulCollage®** — To offer a flexible, creative, accessible, and inclusive tool that can be used as a practice for our own exploring, healing, and empowering evolution, so that each one of us can manifest our *SoulEssence* (our unique potential) locally and globally in increasingly balanced, compassionate, and joy-filled forms, both individually and in community.
- **One aspect per card** — In SoulCollage® we collage one aspect (one Neter) of our self on one card, gradually adding cards to build a very personal and meaningful SoulCollage® deck.
- **The One and the Many** — This system is based on the principle that there is *One Source* (understood by different names in different systems) from which everything manifests — the *Many* which come from Source. The deck we make is the evolving collage of our Soul.
- **Structure of a SoulCollage® deck** — There are four suits which give image to “The Many” parts of our world. The four suits are: *Committee* (parts of our psyche), *Community* (real people or places with whom we are in relationship), *Companions* (our physical (chakra) energies), and *Council* (archetypes).

There are also three Transpersonal Cards that give image to “The One.” The Transpersonal cards are: *Source*, *SoulEssence*, and *Witness*.

SoulCollagers are encouraged to make cards in all suits eventually, but there is no particular requirement for making cards. Everyone makes cards in her or his own way and time and chooses which parts to illustrate in this way.

- **Consulting SoulCollage® cards** — We consult our own SoulCollage® cards to help us answer life’s questions. SoulCollage® cards are not used to “read” for others.

## What is SoulCollage®? (continued)

- ***I Am the One Who...*** — When we consult our SoulCollage® cards, we use the phrase, *I Am One Who...* or *I Am the One Who...* to begin speaking from the image on our own card and to answer our own questions using the voice of the card.
- **Community** — Sharing SoulCollage® cards in community is an important element of SoulCollage®. SoulCollage® brings people together in creativity, acceptance, and self-reflection.
- **SoulCollage® is a trademarked process** that should be written as one word, not two, along with the trademark registration symbol as shown. Please do not abbreviate to “Soul Cards” because there is different item by that name with which SoulCollage® should not be confused.
- **SoulCollage® cards are made for personal use and are not to be copied, sold, traded, or bartered. SoulCollage® cards are made for personal use only.**
- **If you are a Trained SoulCollage® Facilitator you may** use the SoulCollage® Facilitator logo, call yourself a “SoulCollage® Facilitator”, and use the word SoulCollage® in the title of your workshop or group, as long as you have completed a SoulCollage® Facilitator Training and you are doing your work according to the Principles of SoulCollage®.

Learn how to become a SoulCollage® Facilitator here: [www.soulcollage.me/train](http://www.soulcollage.me/train)

- **Honoring copyright** — SoulCollage® is grateful to the artists and photographers who make this deep awakening process possible. SoulCollage® seeks to be respectful of their rights under copyright law. SoulCollage® does not advocate copying or infringing on the copyrighted work of others in any way.

*This is a short handout with the basics. See also for greater clarification:*

**“The Principles of SoulCollage®”** ([www.soulcollage.me/principles](http://www.soulcollage.me/principles))

and

**“SoulCollage® FAQ”** ([www.soulcollage.me/faq](http://www.soulcollage.me/faq))