

# Unitarian Universalist Society of Sacramento

Sunday, October 20, 2024, in person and online

Anxiety

**Hymn #1000** Morning Has Come

**Words of Welcome**

**Music for Centering** This Is What Autumn Feels Like  
-JVKE

**Chalice Lighting**

**Blessing Song for Children and Youth** Lead with Love  
-Melanie DeMore

**Joys and Sorrows, Prayer and Silence**

**Homily**

**Mindful Practice**

**Gift of Music** Two English Folk Songs  
-R. Vaughan Williams

**Reading** Anne Lamott

**Shared Offering** for Effie Yeaw Nature Center  
Every Sunday we give half of the offering donations to a not-for-profit agency.  
Donate by text at 916-619-0903, online at [uuss.org/donate](https://uuss.org/donate), or by check to UUSS.

**Offertory** Valse Russe  
-Frank Bridge

**Spoken Response** May generosity bless our world and  
may gratitude nourish our spirits.

**Guided Meditation**

**Homily**

**Hymn #100** I've Got Peace Like a River

**Extinguishing the Chalice**  
We extinguish this flame, but we carry the light, love,  
and commitment of this gathering into the days to come.

**Benediction**

## SERVING IN WORSHIP TODAY

Rev. Lucy Bunch  
Rev. Dr. Roger Jones  
Worship Associate Dawn Huebner  
Music Director Anthony Tavianini  
Irina Tchantceva, piano  
Cynthia Davis, cello ~ Mary Blanchette, violin

## WELCOME TO GUESTS & NEWCOMERS!

Please complete a Newcomer Card to receive  
follow-up information and *Our Weekly Message* by email  
at [uuss.org/newcomers](https://uuss.org/newcomers) or at the Welcome Table in the hall.

Find our Weekly Calendar at [uuss.org/bluesheets/](https://uuss.org/bluesheets/)

Assisted listening devices are in the back.  
Our induction-loop system connects to a T-coil hearing aid.  
Restrooms are out the sanctuary doors to the left. A single person  
restroom is in the hallway to the right of the Library/Bookstore.

## OUR MISSION STATEMENT

We come together to deepen our lives  
and to be a force for healing in the world.

## OUR LAND ACKNOWLEDGMENT

We honor the Nisenan, Southern Maidu, and Miwok peoples  
for their commitment to this land where UUSS exists.  
They have never ceded, left, nor ceased to care for this land.

UNITARIAN UNIVERSALIST SOCIETY OF SACRAMENTO

[WWW.UUSS.ORG](https://www.uuss.org)

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