

# Unitarian Universalist Society of Sacramento ~ Week of April 13 - 20, 2025

## Sunday April 13

- 9:30am - Sermon Reflection Time (Considering God Again) - Fahs Room**
- 10:30am - Sunday Service "Sacred Solidarity: Accompaniment as an Expression of Our Faith"- Sanctuary & Online** Guest preacher Heather Vickery, UU Service Committee.
- 10:30am - Soul Kids** w/ Rev. Roger & Annette - **Contact:** [re@uuss.org](mailto:re@uuss.org)
- 11:45am - Young Adult Meet-n-Greet & Discussion** - Room 7/8 Join us for connection and conversation with people of the UUSS community aged 18-40! Monthly discussion topics range from reflection on the service, world events and personal passions. Contact: [youngadults@uuss.org](mailto:youngadults@uuss.org)
- 11:50am - Newcomers Orientation & Tour - Welcome Hall**
- 12:00pm - Mercy Pedalers Quarterly Meeting - Room 9**

## Monday April 14

- 10:00am - Watercolor Classes - Room 7/8** Enhance your current watercolor skills with instructor Aziz Tokhi. Fee: \$30/class, pay at the door. Sign up at the Connections table. Contact: [adultenrichment@uuss.org](mailto:adultenrichment@uuss.org)
- 11:00am - Blossoms & Bushes** - UUSS Campus Deadhead, weed & trim plants in front of our building and the succulent-cactus garden. Contact Glory at [blossoms@uuss.org](mailto:blossoms@uuss.org)
- 2:00pm - Ukulele Strum-Along - Fahs Room.** Everyone is welcome. Beginners are encouraged to come at 1:30 for help getting started. We welcome brand-new players, and we supply the music and have ukes to lend. Contact: [ukes@uuss.org](mailto:ukes@uuss.org)

## Tuesday April 15

- 10:00am - Ted's Web Discussion Group - Library.** Political discussion group. In-person 1st & 3rd Tues. Online 2nd & 4th Tues. [tedsweb@uuss.org](mailto:tedsweb@uuss.org) for Zoom link.
- 6:00pm - Theater One - Room 6** We will provide reading materials. We'll read, laugh and discuss whether to read a play aloud to an audience. Contact Patricia Johnson at [TheaterOne@UUSS.org](mailto:TheaterOne@UUSS.org) We hope you'll join us!
- 7:00pm - Celebrate Tax Day with Theology on Tap!** Bike Dog Brewery at 915 Broadway, Sac. Bike Dog now has their own kitchen! <https://bikedogbrewing.com/broadway-taproom/> [theologyontap@uuss.org](mailto:theologyontap@uuss.org) for more info. Welcome all!

## Wednesday April 16

- 7:00pm - Choir Rehearsal - Main Hall** All welcome! Please join us: sing, make connections and share in a wonderful year of music and community! [anthony@uuss.org](mailto:anthony@uuss.org)

## Thursday April 17

- 11:00am - Folk Dance Class - Welcome Hall** International Folk dance for everyone, no experience or partner needed. All welcome! Contact: [adultenrichment@uuss.org](mailto:adultenrichment@uuss.org).

## Friday April 18

- 10:00am - Crone Expression - Fahs Room** Creative activities strengthen our Crone community by playfulness, fun, trying new things, and use of art materials for personal expression. No skill or experience with art needed. A non-judgmental, creative playground. Meets 3rd Friday of each month. We request a small sliding scale donation for materials. For info and to RSVP email Marla Jensen at [croneconnection@uuss.org](mailto:croneconnection@uuss.org)

## Sunday April 20

- 9:30am - Intro to Qi Gong/Tai Chi - Fahs Room**
- 10:30am - Sunday Service "Easter: Celebration and Hope in Spite of Everything - Sanctuary & Online** Rev. Dr. Roger Jones, preaching.
- 10:30am - Soul Kids - Contact:** [re@uuss.org](mailto:re@uuss.org)
- 10:30am - Junior High Youth Group (JHYG)**
- 10:30am - Senior High Youth Group (SHYG)**
- 12:15pm - Men's Group Meet and Greet - Room 7/8**

## Staff and Minister Availability

**Our Ministers** are available for pastoral support or just to get acquainted. We welcome your' input! To schedule an appointment email Rev. Roger: [rjones@uuma.org](mailto:rjones@uuma.org) or Rev. Lucy's calendar: [calendly.com/revlucyb](https://calendly.com/revlucyb) or [lucy@uuss.org](mailto:lucy@uuss.org) Ministers' day off is Monday.

Our office staff ([office@uuss.org](mailto:office@uuss.org) or 916-483-9283) are available to respond to your phone calls and emails weekdays 8:30-4:30. Religious Education Coordinator [CrystalFountain@uuss.org](mailto:CrystalFountain@uuss.org). Pianist [irina@uuss.org](mailto:irina@uuss.org) and Music Director [anthony@uuss.org](mailto:anthony@uuss.org)

# Sunday Morning Programs at USS

Join us before the service at 9:30 AM at USS

- **First Sunday** Labyrinth Walk - Meadow
- **Second Sunday** - Sermon Reflections, Fahs Room: "Considering God"
- **Third Sunday** - Qi Gong/Tai Chi (Covered Patio)
- **Fourth Sunday** - **NEW Embodied Practices for Stressful Times** - Fahs Room. Feeling anxious and stressed about the state of the world? Rev. Lucy will teach gentle movement and practices to help us process anxiety in these stressful times. All bodies are welcome.

**Exploring Unitarian Universalism** is now after the service at noon on the 4th Sunday. Come learn about our social justice history and values with Karen Gunderson. Designed for newcomers, all are welcome. **12pm, April 27**

## Our Community Partner for April

### [Nor Cal Resist](#)

Ways to Donate to the Shared Offering

- Text your amount to (916) 619-0903 (a first-time setup is required, but after that it's very easy)
- Online: Visit [uuss.org/donate](http://uuss.org/donate)
- Mail a check to USS, 2425 Sierra Blvd, Sac 95825

**Pledge Drive ends April 13**--This is the annual campaign when all who care about USS make our pledges of financial support for the 2025-26 budget year. Our theme is Embracing Community: Shaping the Future. See our ministers' letter, member testimonials, videos, charts, and FAQs--and make your pledge easily--at [www.uuss.org/pledge](http://www.uuss.org/pledge). Thanks for your support! [pledge@uuss.org](mailto:pledge@uuss.org) Get your sticker and enjoy a piece of cake today!

**Apply for Endowment Trust Funds** Does your committee or program have an idea for a project for USS? Since 1980 generous USS members have contributed to an Endowment Trust, a small percentage of which is intended to be released annually. For this church year it is around \$10,000. This is not a source of ongoing funds but intended for new/special ideas for congregational betterment. [uuss.org/donate/endowment](http://uuss.org/donate/endowment) (submit your proposal and budget). Applications due June 1, distributed by July 31. Questions? [endowment@uuss.org](mailto:endowment@uuss.org).

## How You Can Help

**UU the Vote** - pick up packets to write postcards at home on the patio to African American voters in Virginia after the service. ACTION overcomes fear! Contact: [UUtheVote@uuss.org](mailto:UUtheVote@uuss.org)

**Sandwich Brigade** - Please bring your lunches to USS by 10am on 4/16. Please include: PBJ sandwich, soft fruit, a granola bar or cookie and a napkin. Water may be packed separately. Thanks. -Sally Wilkins

**Memorial Service** snacks and helping hands needed for Aggie Vawter (former Memorial Committee volunteer herself) Friday May 2. Expecting 60 people. Please contact Molly at [memorial@uuss.org](mailto:memorial@uuss.org)

**Pink Haven is here!** Our April 13 service is devoted to launching this new social justice project at USS. It's like our Refugee Support program, but for transgender people and/or trans kids and their families fleeing hostile states. At the Pink Haven table in the Welcome Hall, you can sign up to offer housing, to volunteer, and/or to be on a mailing list about the project. There will also be a meeting at 1pm on Sunday, 4/13, in the Sanctuary for anyone who wants to learn more. Sweet refreshments will be served.

**New USS Mercy Pedalers Needed** Come join us serving the houseless in your neighborhood. Go out in your car or bike for a little over an hour a week and bring kindness to those living on the streets. All supplies furnished. Come to our cart at the church entrance any Sunday and talk to a Pedaler about this opportunity. [mercypedalers@uuss.org](mailto:mercypedalers@uuss.org)

**Support the CREATION DISTRICT** community with donations of healthy snacks, bottled water, and gift cards, on April 13 and 20! Contact: [partners@uuss.org](mailto:partners@uuss.org)

## Coming Up

**Mindfulness Meditation**--Join Rev. Roger on the 2nd, 4th, and 5th Wednesdays of the month at USS or at [www.uuss.org/online](http://www.uuss.org/online) at 6:00pm. **Next one: April 23**

**Beltane Celebration with CUUPs** Sunday, April 27, 5:00-7:00 p.m. - Back Patio and Fahs Room. Everyone is welcome at the Covenant of UU Pagans (CUUPs) Beltane Celebration. Spring is in full swing, celebrate the Goddess and all that is blooming! Bring a couple of flowers and a potluck dish to share, if you're able to. Contact Laurie Jones or Leanna Pierson at [cuups@uuss.org](mailto:cuups@uuss.org)

**Race & Identity: What's Your Story?** Online Workshop, Sat., May 3, 10:00am via Zoom (link provided upon registration) Register by April 28, space is limited. Bring a Friend! Discover how to use engaged mindfulness practices using short-form writing and sharing to meet the challenges of facing our own beliefs around race with an open heart in a stress-free, judgement-free environment. [racialjustice@uuss.org](mailto:racialjustice@uuss.org)

**Is General Assembly for You?** --June 18-22, in Baltimore or online. Our denomination's conference includes inspiring worship, insightful workshops; voting and community-building experiences. GA registration rates went up on March 31; the USS Board will cover your delegate fee up to \$410. Contact Rev. Roger or Board Member Sally Wilkins soon! Learn more at [uuu.org/ga](http://uuu.org/ga)

**Save empty 6-pack planting containers for the Monarch Foundation** to grow milkweed & nectar plants! On Sundays, leave unwashed 6-packs on or under the "UU the Vote" postcard table on the patio; Barbara Dace will collect and clean them. Next Spring, USS members and community members can request free plants, ready for transplantation.